

Evidence-Based Programs, Policies, and Practices to Help Achieve the Promise Neighborhood Initiative Core Results

This document links each Recommended Core Result (A through L) specified by the Promise Neighborhood Institute with programs, policies, and practices the Promise Neighborhoods Research Consortium (PNRC) has identified as affecting those outcomes. The matrix on the following page indicates programs that have been shown in multiple randomized controlled trials to affect one, or typically more than one, of the specified outcomes. The specified programs by no means exhaust the list of programs offering these benefits. We restricted the list to programs that (a) have multiple randomized trials supporting them, (b) can affect an entire population, and (c) have training resources available to support their implementation. The policies and practices (or “kernels”—simple behavior-influence procedures) are those that meet criteria for effectiveness, as defined by the Society for Prevention Research: “consistent, positive outcomes from at least two high-quality experimental or quasi-experimental trials using a comparison group or interrupted time series design.”

Given the number of evidence-based programs, policies, and practices now available to support young people’s development, we found the most succinct way to present this information was to list sets of programs, policies, and practices as rows and match them with the primary core results as columns. We indicate the links with green shading. The user can obtain detailed information about the intervention by clicking on its name in the matrix. The links go to the PNRC website, where you will find further links to information about these interventions.

Of course, you are welcome to contact us for further information. Indeed, your feedback and inquiries would be very helpful to us as we develop the most useful ways to support neighborhoods in establishing effective strategies for ensuring young people’s successful development.

In addition to the matrix linking interventions to core results, we have created a table that organizes the Overarching Core Results in accordance with the Developmental Phases and sources of influence. Most interventions affect families, schools, or both during one, and often more than one, developmental phase. It may therefore be helpful to think in terms of how we can be sure that families, schools, and neighborhoods are nurturing development at each phase of development. The table follows the matrix of core results and interventions.



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